

AT-HOME SKINCARE REGIMEN: WHERE TO START

CLEANSER

Cleansing Gel



ANTIOXIDANT

Alto Defense Serum™



OR

Alto Advanced Defense and Repair Serum™



SUNSCREEN

sun**better**® Advanced Mineral Protection Sunscreens

TONE SMART SPF 75 Lotion



SHEER SPF 70 Lotion



TONE SMART SPF 68 Compact



SHEER SPF 56 Compact



SHEER SPF 56 Stick



RETINOID

AlphaRet® Overnight Cream

(mild-to-moderate photodamage)



OR

Intensive AlphaRet® Overnight Cream

(moderate-to-severe photodamage)



As you would with any changes to your skincare regimen, we recommend adding one new product at a time, slowly and gradually adding onto your regimen as your skin adjusts.

Sunburn Alert: AlphaRet Overnight Cream and Intensive AlphaRet Overnight Cream contain alpha hydroxy acids (AHAs) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards. **Caution:** AlphaRet Overnight Cream and Intensive AlphaRet Overnight Cream contain retinoid in a topical form. If you are pregnant, lactating or planning to become pregnant, consult a physician before use.

EYE PRODUCT ADD-ONS



Instant Effect Gel EYE

to reduce the appearance of under-eye bags



InterFuse® Treatment Cream EYE

to provide a smoothed and softened appearance



EyeMax AlphaRet® Overnight Cream

for dryness, puffiness, crepiness and under-eye darkness



ENHANCING ADD-ONS



Detoxifying Scrub Mask

may be used up to 3X per week to lightly exfoliate the skin. May be left on for up to 15 minutes as a mask



Hydration Boosting Cream

to deliver immediate hydration



Sunburn Alert: Detoxifying Scrub Mask contains alpha hydroxy acids (AHAs) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing and limit sun exposure while using these products and for a week afterwards.

Caution: EyeMax AlphaRet Overnight Cream contains retinoid in a topical form. If you are pregnant, lactating or planning to become pregnant, consult a physician before use.